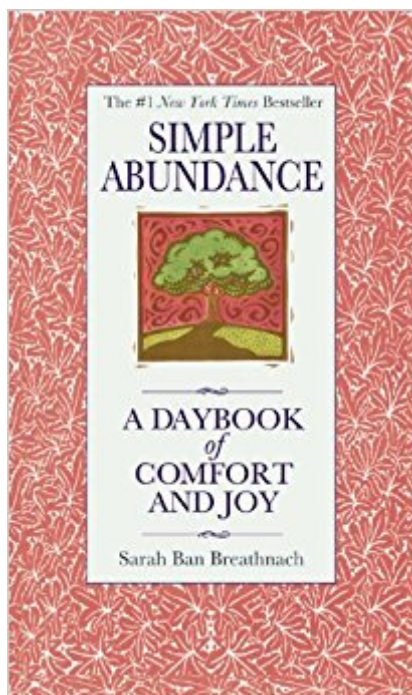


The book was found

Simple Abundance: A Daybook Of Comfort And Joy



Synopsis

With the grace of Anne Morrow Lindbergh's *Gift from the Sea* and the wisdom of M. Scott Peck's *The Road Less Traveled*, *Simple Abundance* is a book of 366 evocative essays—one for every day of your year—written for women who wish to live by their own lights. In the past a woman's spirituality has been separated from her lifestyle. *Simple Abundance* shows you how your daily life can be an expression of your authentic self ... as you choose the tastiest vegetables from your garden, search for treasures at flea markets, establish a sacred space in your home for meditation, and follow the rhythm of the seasons and the year. Here, for the first time, the mystical alchemy of style and Spirit is celebrated. Every day, your own true path leads you to a happier, more fulfilling and contented way of life—the state of grace known as... Embrace its gentle lessons, savor its sublime common sense, dare to live its passionate truth, and share its extraordinary and exhilarating gift with every woman you encounter: the authentic self is the Soul made visible.

Book Information

Hardcover: 528 pages

Publisher: Grand Central Publishing; Reissue edition (September 9, 2009)

Language: English

ISBN-10: 0446563595

ISBN-13: 978-0446563598

Product Dimensions: 5.8 x 1.6 x 9.5 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (634 customer reviews)

Best Sellers Rank: #10,004 in Books (See Top 100 in Books) #86 in [Books > Health, Fitness & Dieting > Alternative Medicine > Meditation](#) #158 in [Books > Health, Fitness & Dieting > Mental Health > Happiness](#) #280 in [Books > Self-Help > Motivational](#)

Customer Reviews

Looked at one way, this is a collection of cheerful essays with homespun spiritual wisdom and housekeeping advice that satisfies our appetite for the nostalgic. Looked at another way, it's a terrifying reflection of a society of souls so sterile that we take comfort in being told it's okay to use scented bath products and buy flowers. Still, thousands of women have found meaning in the book, and they can't be all wrong. This book is more about abundance than simplicity. In places Ms. Breathnach does extol the virtues of simplicity and has you clearing clutter; in others she has you buying and hoarding and collecting everything, from fabric remnants, just in case some day you get

the urge to staple lace to the pantry shelves, to autumn leaves for exuberant Victorian tableaux, (aka dust-collectors). These things are much more fun to read about than to actually do. I don't want to tie little circles of fabric to the tops of jam jars; even when they're bought that way, I'm the one who gets to cut them off and throw them in the garbage. Nor do I want to replace the buttons on all my clothes with cute ones, I curse enough if I have to replace one where the manufacturer did a shoddy job. I don't want to know what decoupage is; and most especially, I really, really, don't want to buy a hat to cheer myself up. Having hot mulled cider after raking leaves sounds charming (and I loathe the cider), but the reality is that after raking leaves my back hurts, I'm exhausted and can barely crawl to the shower to wash the sweat and dead bugs off, and if I had to search for a hot mulled cider recipe I'd whack the nearest bystander with a poker. Since books are for reading and pondering, the pleasure in this one is in doing exactly that, and it does provide a lot of it.

[Download to continue reading...](#)

Simple Abundance: A Daybook of Comfort and Joy Let Your Spirit Guides Speak: A Simple Guide for a Life of Purpose, Abundance, and Joy Little Book of Big Potentials: 24 Fields of Flow, Fulfillment, Abundance, and Joy in Everyday Life Joy in the Journey: Finding Abundance in the Shadow of Death Comfort and Joy: Cooking for Two Simple Spells For Success: Ancient Practices for Creating Abundance and Prosperity The Cozy Life: Rediscover the Joy of the Simple Things Through the Danish Concept of Hygge Maximum Entropy and Ecology: A Theory of Abundance, Distribution, and Energetics (Oxford Series in Ecology and Evolution) Law of Attraction: 7 Secrets to Put in Action the Law of Attraction on a Daily Basis and Successfully Manifest Abundance, Confidence, Money, Healthy and ... The Law of Attraction, Beliefs, Abraham) Miraculous Abundance: One Quarter Acre, Two French Farmers, and Enough Food to Feed the World Joey Yap's Pure Feng Shui: Bring Abundance to Your Home, Happiness to Your Relationships, and Success to Your Career Law of Attraction: Unleash The Secret Power Within and Learn How To Manifest More Money, More Love, More Success, More Abundance In No Time: (Special Bonus: ... Money, Success, Happiness & Love,) Lottery: Law Of Attraction: Secret Lottery Strategies and Systems to Effortlessly Manifest: Abundance! (get rich quick, metaphysics, lottery systems, lotto, manifesting, millionaire mind) So Many Books: Reading and Publishing in an Age of Abundance Lakshmi Mantra Magick: Tap Into The Goddess Lakshmi for Wealth and Abundance In All Areas of Life Abundance For All: The Lightworker's Way to Creating Money and True Wealth (Fifth Dimensional Life Series Book 1) BOOKS: HOW TO PRAY WITH FAITH AND GET YOUR ANSWERS IMMEDIATELY:: FAITH FOR ANSWERED PRAYER :PRAYER PATTERN FOR CHANGING SITUATIONS: FINANCIAL MIRACLE PRAYER: PRAYER OF ABUNDANCE: PRAYER

OF HEALING: Ecology: The Experimental Analysis of Distribution and Abundance (6th Edition)

MAGICK: For Beginners! Spells & Rituals To Attain Abundance, Wealth, Health, Happiness & Your
Deepest Desires! (Magick Spells, Witchcraft, Book Of Shadows, New Age) Telecosm: The World
After Bandwidth Abundance

[Dmca](#)